

2025-2026 KPR Mental Health & Well-Being Action Plan: Enrich and Bolster

KPR	Well-Being to Excel in Learning	Well-Being to Succeed in Life	Well-Being to Enrich Our Communities
2024-2027 Strategic Priorities	Identity-Affirming School Mental Health		
	System, School, Classroom Mental Health Leadership Early Identification and Support	Strength-Based Mental Health Promotion Mental Health Literacy and Stigma Reduction Intensive Supports and Service Pathways	Student Leadership, Participation and Agency
2025-26 Actions	ENRICH evidence-informed practices across all tiers of school-based mental health		
	<p>Implement a comprehensive pathway of support for evidenceinformed school improvement planning related to goals focused on student mental health.</p> <p>Enhance access to professional development, tools and resources that support staff and educators in the development and maintenance of Mentally Healthy Classrooms and Learning Environments.</p> <p>Provide professional development opportunities, tools and resources that support early identification and support.</p> <p>Embed evidence-informed mental health content and materials across KPR professional development initiatives.</p> <p>Enhance the capacity of Mental Health Clinicians to continue to deliver evidence-based, standardized measurement-informed brief interventions.</p>	<p>Facilitate role-aligned professional development focused on Mental Health Literacy for educators.</p> <p>Ensure delivery of all mandatory mental health modules as directed by PPM 169 and any related additional directives.</p> <p>Promote and provide evidence-informed mental health literacy and awareness learning opportunities and resources for parents/caregivers and families.</p> <p>Actively engage in Right Time, Right Care work in collaboration with community-based child and youth mental health service providers focused on providing a coordinated, responsive system of care.</p> <p>Work with community-based child and youth mental health service providers and interrelated sectors and service delivery partners as part of system planning efforts towards the implementation of a coordinated mental health care system.</p>	<p>Amplify student voice in identifying and responding to student mental health at KPR.</p> <p>Implement pathways and resources to educate and guide students, educators, staff and other stakeholders to lead evidence-based mental health promotion and stigma reduction work within their schools.</p> <p>Guide and resource schools and educators to support students in knowing how and where they can access mental health supports and services.</p> <p>Advocate for, and support, community-based initiatives that are focused on enhancing the mental health and well-being of families, children and youth.</p>
	BOLSTER curriculum-aligned and integrated, evidence-informed, identity-affirming social-emotional learning for students		
	Critical and Creative Thinking Positive Motivation and Perseverance	Identification and Management of Emotions Stress Management and Coping	Healthy Relationship Skills Self-Awareness and Sense of Identity
	DEVELOP the 2026-2027 KPR Mental Health and Well-Being Action Plan through collaboration with diverse stakeholders and using data-informed processes		