

2025-2026 KPR Mental Health & Well-Being Action Plan: Enrich and Bolster

KPR	Well-Being to Excel in Learning	Well-Being to Succeed in Life	Well-Being to Enrich Communities
2024-2027 Strategic Priorities	Identity-Affirming School Mental Health		
	System, School, Classroom Mental Health Leadership Early Identification and Support	Strength-Based Mental Health Promotion Mental Health Literacy and Stigma Reduction Intensive Supports and Service Pathways	Student Leadership, Participation and Agency
2025-26 Actions	ENRICH evidence-informed practices across all tiers of school-based mental health		
	Implement a comprehensive pathway of support for evidence-informed school improvement planning related to goals focused on student mental health	Facilitate role-aligned professional development focused on Mental Health Literacy for educators	Amplify student voice in identifying and responding to student mental health at KPR
	Enhance access to professional development, tools and resources that support staff and educators in the development and maintenance of Mentally Healthy Classrooms and Learning Environments	Ensure delivery of all mandatory mental health modules as directed by PPM 169 and any related additional directives.	Implement pathways and resources to educate and guide students, educators, staff and other stakeholders to lead evidence-based mental health promotion and stigma reduction work within their schools.
	Provide professional development opportunities, tools and resources that support early identification and support	Promote and provide evidence-informed mental health literacy and awareness learning opportunities and resources for parents/caregivers and families	Guide and resource schools and educators to support students in knowing how and where they can access mental health supports and services
	Embed evidence-informed mental health content and materials across KPR professional development initiatives	Actively engage in Right Time, Right Care work in collaboration with community-based child and youth mental health service providers focused on providing a coordinated, responsive system of care	Advocate for, and support, community-based initiatives that are focused on enhancing the mental health and well-being of families, children and youth.
	Enhance the capacity of Mental Health Clinicians to continue to deliver evidence-based, standardized measurement-informed brief interventions	Work with community-based child and youth mental health service providers and interrelated sectors and service delivery partners as part of system planning efforts towards the implementation of a coordinated mental health care system.	
	BOLSTER curriculum-aligned and integrated, evidence-informed, identity-affirming social-emotional learning for students		
	Critical and Creative Thinking Positive Motivation and Perseverance	Identification and Management of Emotions Stress Management and Coping	Healthy Relationship Skills Self-Awareness and Sense of Identity
	DEVELOP the 2026-2027 KPR Mental Health and Well-Being Action Plan through collaboration with diverse stakeholders and using data-informed processes		