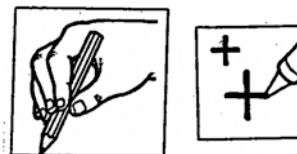


These activities are typical of a child who is 4 years old.

✓ **Pencil Skills**

- ✓ Demonstrates a hand preference
- ✓ Grasps crayon with index, middle and long fingers
- ✓ Wrist movement directs pencil
- ✓ Copies cross
- ✓ Traces square and triangle
- ✓ Colours within the lines
- ✓ Draws a person with a head, body, arms and legs



✓ **Visual Motor Skills**

- ✓ Cuts out a square or triangle
- ✓ Builds varied designs with blocks
- ✓ Picks up three beads and moves them into the palm of the same hand
- ✓ Holds two beads in palm of hand and is able to release one

✓ **Pre-readiness Skills**

- ✓ Matches letters and numbers
- ✓ Names 5 letters

✓ **Dressing Skills**

- ✓ Zips and separates shank on jacket
- ✓ Buttons small buttons
- ✓ Laces shoe



WATCH FOR THESE WARNING SIGNS

- | | |
|---|--|
| <ul style="list-style-type: none"> ▪ Tires or gives up easily ▪ Switches hands during cutting or colouring ▪ Resists messy play (glue, finger-paint) | <ul style="list-style-type: none"> ▪ Avoids colouring or crafts ▪ Clumsy with small objects ▪ Needs to change activities frequently |
|---|--|

** If you have concerns about your child, and occupational therapist (OT) can assess his/ her development in these areas. The OT will provide suggestions and / or treatment to promote your child's development of these skills.