

# MORNING CHECKLIST



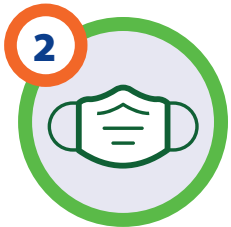
**School morning routines might look a little different this year, so we have put together a checklist to help!**

In addition to getting dressed, eating breakfast, brushing hair and teeth, families also need to think about the following items:



## Daily COVID self-assessment

- o Review the self-screening checklist each day with your children before sending them to school. If they answer 'yes' to any of the questions, keep your child home and contact your health care provider or a COVID Assessment Centre for direction. The Ontario government also has an online screening tool for schools: <https://covid-19.ontario.ca/school-screening/>



## Masks

- o Send students with at least two masks per day in case one gets dirty.
- o Remind children about how to wear and handle masks properly.
- o Send a paper bag for storing masks in back packs.



## Wash or sanitize hands

- o Before and after bus transportation, and
- o Upon arrival at school.
- o Students will be reminded to wash or sanitize hands frequently during the school day.

