



Menstrual Equity

Backgrounder for Teachers

Background: Championed by student trustees Justine Mackay and Roan Haggerty-Goede (2020-2021), the Menstrual Equity Project (“ME Project”) is an effort to ensure that schools are more welcoming and inclusive to individuals who menstruate, including those who identify as trans*, gender non-binary, or genderfluid. In addition, it is to ensure that all individuals are able to fully participate within the school environment regardless of their socio-economic status.

What is Menstrual Equity? Menstrual Equity is the providing of free and accessible menstrual products in washrooms, as well as ensuring disposal units are placed in washrooms.

What’s the KPRDSB context? Here at KPRDSB, we believe that Menstrual Equity is important. We believe in ensuring that students who menstruate do not face barriers to accessing school, and that menstruation should not carry social stigma.

Why is Menstrual Equity important?

- Menstrual Equity because students have not attended, or left school, because they were menstruating.
- Menstrual Equity because free and accessible products would lessen stress and anxiety.
- Menstrual Equity to allow discretion and privacy to all students.
- Menstrual Equity to eliminate the stigma of menstruation.
- Menstrual Equity, because #KPRisawesoME. Period.

