

# Youth Support Services Northumberland County

February 2013

Emergency Services .....	911
Community Information Services.....	211

\* information on all services listed can be found at  
[www.fourinfo.com](http://www.fourinfo.com), or call 1-800-396-6626

## HELP LINES

4 Counties Crisis Line (16 +).....	1-866-995-9933
AIDS and Sexual Health Info Line.....	1-800-668-2437
Assaulted Women's Help Line .....	1-866-863-0511
ConnexOntario Drug & Alcohol Helpline .....	1-800-565-8603
Health Care Connect.....	1-800-445-1822
EatRight Ontario .....	1-877-510-5102

Kids Help Phone.....	1-800-668-6868
Ontario Problem Gambling Helpline.....	1-888-230-3505
Telecare Distress Centre .....	705-745-2273
Telehealth Ontario.....	1-866-797-0000
Youth Crisis Response Program.....	1-800-551-0403

## Walk-In Clinics/Hospitals/Community Health Centre

Campbellford Memorial Hospital.....	705-653-1140
Northumberland Hills Hospital .....	905-372-6811
Port Hope Community Health Centre .....	1-866-768-2626
Port Hope Walk In Clinic.....	905-885-0611

## Counselling/Mental Health Services/Youth Justice

4 County Crisis .....	1-866-995-9933
Anishnaabe Kwewag Gammig Inc.....	1-800-388-5171
Campbellford & District Community Mental Health Centre (including LYNX).....	1-877-632-2015
Canadian Mental Health Association .....	1-866-990-9956
Community Mental Health Services (including LYNX).....	1-888-294-7579
Cornerstone Family Violence Prevention Centre.....	1-800-263-3757
Four Counties Addiction Services (Fourcast).....	1-800-461-1909
Kinark Child and Family Services .....	1-800 230-8531
Northumberland Community Counselling Centre .....	1-866-748-5720
PRHC Family and Youth Clinic .....	705-876-5114
Rebound Child & Youth Services Northumberland.....	1-877-688-0007
Youth Justice Services .....	1-800-661-3081

## Developmental Services

Community Living Campbellford/Brighton .....	1-866-528-0825
Community Living West Northumberland .....	905-372-4455
Five Counties Children's Centre .....	1 877-574-5212
Four Counties Brain Injury Association.....	1-800 854-9738
Tri-County Community Support Services .....	1-888-616-3456

## Housing/Income/Employment Supports

E.A.R.N.....	905-377-9920
MCYS Assistance for Children with Severe Disabilities ....	1-800-663-8560
Northumberland County Housing Services.....	1-800-354-7050
Ontario Disability Support Program.....	1-800-663-8560
OntarioWorks .....	1-800-354-7051 ext. 2468
Shelter Benefit Program.....	1-800-354-7051 ext. 2468
Transition House .....	905-377-0378

## **Abuse (Physical/Emotional/Sexual/Cyber)**

Cornerstone Family Violence Prevention Centre.....	1-800-263-3757
Highland Shores Children's Aid Society .....	1-800-267-0570
Kawartha Sexual Assault Centre .....	1-866-298-7778
Northumberland Community Counselling Centre .....	1-866-748-5720

## **Alcohol/Tobacco/Drugs**

AA, Al-Anon, Alateen.....	1-866-951-3711
Four Counties Addiction Services .....	1-800-461-1909
Harm Reduction Works/Needle Exchange Coalition .....	1-800-361-2895
HKPR District Health Unit. ....	1-866-888-4577

## **Food Banks/Clothing**

7 Hills Community Pantry, Warkworth.....	705-924-2077
Brighton Fare Share.....	613-475-4190
Community Works, Bewdley.....	905-797-2535 ext. 22
Emergency Food Bank Colborne.....	905-355-3010
Fare Share, Campbellford/Warkworth.....	705-653-1930
Fare Share Cobourg .....	905-372-5308
Fare Share Port Hope .....	905-885-6674
Hastings/Roseneath Ministerial Food Bank.....	705-696-1105
Prospect Community Church Colborne .....	905-355-2408
Salvation Army.....	705-653-4185
.....	905-373-9440
.....	905-885-2323
Second Helpings .....	905-885-9411
St. Vincent de Paul .....	905-373-9391
.....	905-377-3263
.....	905-373-2940
.....	705-875-6711
.....	613-827-6040

## **Sexuality/Pregnancy**

HKPR District Health Unit .....	1-866-888-4577 ext. 205
PARN/Rainbow Youth Coalition.....	1-800-361-2895

## **Bereavement Supports**

Bereaved Families of Ontario .....	1-866-887-2912
Genesis Bereavement Resource Centre.....	1-866-924-2458
Community Care Northumberland Hospice Services .....	1-866-514-5774

## **General Supports**

Campbellford Community Resource Centre.....	705-653-5161
HKPR District Health Unit .....	1-866-888-4577
Info Northumberland/fourinfo.com.....	1-866-396-6626
Learning Disabilities Association .....	1-866-503-3303
Northumberland Child Development Centre.....	1-866-218-1427
Northumberland Transportation Initiative.....	1-866-768-7778
Northumberland United Way.....	1-800-833-0002
Rebound Child & Youth Services .....	1-877-688-0007
Service Coordination for Children and Youth .....	1-888-880 5777
The Help Centre .....	1-888-698-3382
WrapAround Northumberland.....	1-866-704-5534
YMCA Northumberland.....	1-866-301-6392

## **Helpful Websites**

<a href="http://www.fourinfo.com">www.fourinfo.com</a>	<a href="http://www.kidshelpphone.ca">www.kidshelpphone.ca</a>	<a href="http://www.pvnccdsb.on.ca">www.pvnccdsb.on.ca</a>
<a href="http://www.211Ontario.ca">www.211Ontario.ca</a>	<a href="http://www.rainbowyouth.ca">www.rainbowyouth.ca</a>	<a href="http://www.kprschools.ca">www.kprschools.ca</a>
<a href="http://www.teenmentalhealth.org">www.teenmentalhealth.org</a>		